

Ponce Health Sciences University

Drug-Free Schools and Campuses Regulations
Biennial Review 2022-2023

Puerto Rico Campuses



PHSU
PONCE HEALTH SCIENCES UNIVERSITY



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PRESIDENT REVIEW AND APPROVAL

Ponce Health Sciences University is pleased to present this Biennial Report in compliance with the Drug-Free Schools and Campuses Regulations. Under Part 86 of the Education Department General Administrative Regulations (EDGAR Part 86), higher education institutions must implement programs to prevent the illegal possession, use, or distribution of illicit drugs and alcohol among students and employees to receive federal funding.

The primary objective of this report is to evaluate the effectiveness of our services and ensure adherence to the policies and regulations that promote a healthy study and work environment for our university community. This report encompasses the years 2022 to 2023 and is available from the Office of the President, the Office of the Vice President of Student Affairs, and the Counseling Center.

We reaffirm our commitment to fostering a healthy environment for all members of our university community.



Gino Natalicchio, PhD

President

Ponce Health Sciences University

INTRODUCTION

The Drug-Free Schools and Campuses Regulations (EDGAR Part 86) of the Drug-Free Schools and Communities Act mandate that all Institutions of Higher Education (IHEs) receiving federal funding or financial assistance adopt and implement a program aimed at preventing the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.

To comply with these regulations, institutions must:

- Annually notify all students and employees in writing of the following:
 - Standards of conduct related to alcohol and other drugs (AOD)
 - Possible legal sanctions and penalties for violations
 - Health risks associated with AOD abuse
 - A description of AOD prevention and assistance programs available to students, staff, and faculty
 - Disciplinary sanctions for violating the standards of conduct
- Establish a method for distributing the annual notification to every student and staff member.
- Prepare a biennial review report that assesses:
 - The effectiveness of AOD prevention programs
 - The consistency of enforcement of disciplinary sanctions

This document serves to fulfill the legal requirement for conducting the biennial review. It summarizes the programs, activities, and policies related to alcohol and drug prevention at Ponce Health Sciences University (PHSU), evaluates the effectiveness of prevention efforts, and identifies the strengths and weaknesses of the institution during the academic years 2022 and 2023. The document concludes with appropriate recommendations for future improvements.

The following sections outline PHSU's efforts in compliance with EDGAR Part 86.

BIENNIAL REVIEW PROCESS

In the spring of 2024 a small team of university representative, discussed the AOD program and policy since 2021 biennial report. This team included:

- Elisandra Rodriguez, Vice President of Students Affairs
- José Soto-Franceschini, Professional Counselor

- Jonaira Arroyo, Professional Counselor
- Betzaida Ferrer, Administrative Assistant

The revision process began on January 2024 and finish on May 2024, using the data collected over the past two academic years. The following campus units provide information for biennial reports:

- Students Affairs Office
- Human Resources Office
- Counseling Office
- Academic Units
- Campus Security Officers
- Students Activities and Organizations

Materials Reviewed:

- Complying with the Drug-Free Schools and Campuses Regulations (EDGAR Part 86), A Guide for University and Campus Regulations prepared by the Higher Education Center.
- The Higher Education Amendments of 1998 (P.L. 105-244) and the Drug-Free Schools and Communities Act Amendments of 1989, (P.L. 101-226).
- Previous PHSU Biennial Review reports.
- Alcohol and Other Drug Policy documents distributed to all faculty, students and staff.
- Alcohol and drug policies at similar institutions.
- Student Handbook policies related to drug and alcohol use on campus and the sanctions imposed for failure to comply.
- Employee Handbook policies related to drug and alcohol use by employees and the sanctions imposed for failure to comply.
- Incident reports in the Student's Affairs Office related to any possible infractions of the drugs and alcohol policy presented to students.

The Biennial Review Reports are kept on PHSU Chancellors' Office. A copy of the report is in the Vice President of Students Affairs Office. A copy of any current or past Biennial Reports are available for review at the Students Affairs Office. The current report it's also available at PHSU website.

Biennial Reports are kept for 10 years.

COMPLIANCE WITH DRUG-FREE SCHOOLS AND COMMUNITY ACT

Ponce Health Sciences University as one of the leading educational institutions in Health Sciences in Puerto Rico, and in compliance with the Drug-Free Schools and Community Act, has adopted and implemented an institutional public policy for the establishment of an academic community free of drugs, alcohol, tobacco, and violence. The written materials distributed contain the following information:

- Standards of conduct that prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on PHSU property or as a part of its activities.
- A description of the applicable legal sanctions under local, State, or federal law for the unlawful possession or distribution of illicit drugs and alcohol.
- A description of health risks associated with the use of illicit drugs and abuse of alcohol.
- A description of any drugs or alcohol counseling, treatment or rehabilitation programs available to students or employees.
- A clear statement that the institution will impose disciplinary sanctions on students or employees (consistent with the State and Federal law), and a description of those sanctions, up to including expulsion or termination of employment.

Distribution:

The primary method utilized to distribute the Federally Mandated Policy about alcohol, and other drugs is:

- Students
 - New entrance students received the Policy, in writing, as part of initial documents given by Registrar's Office during the registration process for the academic's years 2021-2022 and 2022-2023.
 - The policy is also discussed during the orientation period as part of the seminars offered to new entrance students.
 - The policy is available online at the PHSU website as part of the ***Institutional Student handbook 2023-2024***. It may be viewed at <https://www.psm.edu/wp-content/uploads/2023/10/Student-Handbook-2023-2024.pdf>
- Employees
 - New employees receive the Policy, in writing, as part of initial documents given by Human Resources Office during the hiring process for the academic's years 2021-2022 and 2022-2023.

- The policy is available online at the PHSU website as part of the *Institutional Student handbook 2023-2024*. It may be viewed at <https://www.psm.edu/wp-content/uploads/2023/10/Student-Handbook-2023-2024.pdf>

ALCOHOL, DRUG ABUSE AND VIOLENCE PREVENTION POLICY SUMMARY

Ponce Health Sciences University is committed to providing student, faculty, staff and visitors a safe and healthful campus and workplace. PHSU prohibits the possession, use, manufacture, distribution and/or sale of illegal drugs and illegal drug paraphernalia. The possession, distribution or use of illegal drugs is ground for immediate sanction, including dismissal. Smoking is prohibited on school grounds. Also, violence will not be tolerated within academic community or on the school or affiliated facilities.

This Policy is in compliance with various state and federal regulations, including: "Drug Free Workplace Act" (34 CFR 85), the "Drug Free Schools and Campuses Regulations (34 CFR 86) and the Law 40, 1993 the Government of Puerto Rico, known as Law to Regulate the Practice of Smoking in Certain Public and Private Places in PR.

The University recognizes the health risk associated with controlled substance use and alcohol misuse and is committed to supporting students and employees who look treatment for these conditions.

Each student or employee at PHSU receives copy of the PHSU Alcohol and Drugs Abuse Prevention Policy that explains in detail the institutional policy and the resources available to deal with these problems.

Prevention efforts include:

- Providing education and awareness activities.
- Offering substance-free social, extracurricular, and public service options.
- Creating a health-promoting normative environment.
- Restricting the marketing and promotion of alcohol and other drugs.
- Limiting availability of alcohol and other drugs.
- Developing and enforcing campus policies and enforce laws to address high-risk and illegal alcohol and other drug use.
- Providing early intervention and referral for treatment.

AOD PREVALENCE RATE, INCIDENCE RATE, AND DATA ASSESSMENT

Every incident or fatality that occurs due to the use or abuse of alcohol or drugs must be reported to the corresponding department, depending on whether the incident involves students, staff, or visitors. Situations that affect or involve students must be reported to the Student Affairs Department. Situations that involve staff or visitors are reported to the Human Resource Office.

Drugs and alcohol- related incidents and fatalities that occur on campus	
2021-2022	0
2022-2023	0
Total	0

Drugs and alcohol- related incidents and fatalities that are reported to campus officials	
2021-2022	0
2022-2023	0
Total	0

ALCOHOL AND OTHER PREVENTION PROGRAMS AND SERVICES

Although PHSU offered various activities and services related to alcohol and other drug prevention during the reporting period, there was no full-time AOD Prevention Coordinator available to provide direct services and coordinate prevention efforts. The Office of the VP of Student Affairs, including Professional Counseling Services, is involved in educating students to measure alcohol, tobacco, and other drug use for the years reviewed in this report. The activities developed include:

- Provide education through information posted on bulletin boards at PHSU.
- Periodical emails with information regarding AOD use and abuse consequences.
- Professional Counseling Services / Mental Health Services.
- Referrals to AOD Rehabilitation Programs.

STUDENT ACTIVITIES DURING ORIENTATION PERIOD

Date	Activities	Resource's	Participants
July 18, 2022 to July 29 2022 (Orientation Period)	Policies Agreement (AODV, Title IX)	Prof. Elisandra Rodriguez	All New Entrance
	Stress Management	Dr. José Soto Dr. Jonaira Arroyo Lic. Soniamarie Lugo Lic. Grace Morales	All New Entrance
	Interpersonal Violence Program	Dr. Luz Morales	All New Entrance
	Life Promotion and Burn Out	Dr. Paulette Soto	All New Entrance
	Mandatory Online Training <ul style="list-style-type: none"> - Alcohol and Other Drugs - Active Shooter - Creating a Respectful Campus for LGBTQ+ - Diversity Awareness for Students - Intimate Partner Violence - Sexual Violence Awareness - Study Skills - Time Management - Title IX Rights and Protections - Sexual Violence Prevention for Graduate Students 	VECTOR LMS, administrated by Dr. Jonaira Arroyo	All New Entrance
July 15, 2023 to July 26, 2023 (Orientation Period)	Policies Agreement (AODV, Title IX)	Prof. Elisandra Rodriguez Dr. Enid González	All New Entrance
	Stress Management	Dr. José Soto Dr. Jonaira Arroyo Dr. Luz Morales Lic. Soniamarie Lugo Lic. Grace Morales Lic. Tania Cintron	All New Entrance
	Mandatory Online Training <ul style="list-style-type: none"> - Alcohol and Other Drugs 	VECTOR LMS, administrated by Dr. Jonaira Arroyo and	All New Entrance

	<ul style="list-style-type: none"> - Active Shooter: Run, Hide, Fight for Students - Title IX Rights and Protections - Clarifying Consent - Mental Well-Being for Graduate Students (add to all graduate programs) - Mental Well-Being for Students (add to BSN) 	linked to CANVAS	
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BIENNIAL REVIEW FINDINGS AND RECOMMENDATIONS

Area	Findings	Recommendations
Alcohol, Other Drug and Violence Assessment	<ul style="list-style-type: none"> • PHSU does not have a study that quantifies and documents student lifestyles concerning substance use and abuse, primarily due to the cessation of such research by the organization responsible (CRUSADA) since 2019. 	<ul style="list-style-type: none"> • Design a new self-study to facilitate the necessary assessments. • Select and implement assessment tools for prevention efforts. • Structure prevention initiatives using continuous assessment.
AODV Prevention Programs and Services	<ul style="list-style-type: none"> • Limited resources (personnel) in AODV prevention efforts. • First year students have traditionally been at risk population. • PHSU use Vector LMS & Training Platform to 	<ul style="list-style-type: none"> • Establish the role of Prevention Coordinator or designate a full-time employee to enhance prevention programs and services, providing more comprehensive support for students and staff. • Target prevention efforts towards at-risk populations. • It is recommended to maintain Vector LMS to tailor education

	implement, manage, and customize education and training for faculty, staff, and students.	and training for faculty, staff, and students.
Reported AODV Incidents, Violations and Sanctions	<ul style="list-style-type: none"> No reported alcohol, drugs or violence incidences or related death during this review. 	<ul style="list-style-type: none"> Maintain the actual reporting system.
Campus AODV Police	<ul style="list-style-type: none"> PHSU comply with the annual distribution of the Policy, as required by regulation (for students or staff). 	<ul style="list-style-type: none"> Ensure the policy is readily accessible on the website. Distribute the writing policy to students during the Enrollment Process. Continue the annual distribution of the policy to staff via mail. Attach the policy to W-2 forms at the beginning of the year to ensure that all current and former employees receive the document.

CONCLUSION

This review process provides a comprehensive assessment of Ponce Health Sciences University's (PHSU) alcohol and other drug (AOD) policies, prevention program services, and enforcement practices for the academic years 2021-2022 and 2022-2023.

PHSU maintains an effective AOD policy and consistently enforces its standards of behavior concerning AOD misuse. The university is committed to implementing the recommendations outlined in this report to ensure full compliance with the Drug-Free Schools and Campuses Regulations (EDGAR Part 86).

Moving forward, PHSU will continue to develop, evaluate, and assess its AOD policies and programs, striving to adopt best practices that foster a safe and healthy environment for both students and staff.

APPENDIXES

US Department of Education Drug Prevention Program Certification

**U.S. Department of Education
Drug Prevention Program Certification**

Institutions of Higher Education


The undersigned certifies that it has adopted and implemented a drug prevention program for its students and employees that, at a minimum, includes—

1 The annual distribution in writing to each employee, and to each student who is taking one or more classes for any kind of academic credit except for continuing education units, regardless of the length of the student's program of study, of:

- Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities.
- A description of the applicable legal sanctions under local, State or Federal law for the unlawful possession or distribution of illicit drugs and alcohol.
- A description of the health risks, associated with the use of illicit drugs and the abuse of alcohol.
- A description of any drug or alcohol counseling, treatment, or rehabilitation or re-entry programs that are available to employees or students.
- A clear statement that the institution will impose disciplinary sanctions on students and employees (consistent with local, State and Federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct. A disciplinary sanction may include the completion of an appropriate rehabilitation program.

2 A biennial review by the institution of its program to:

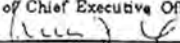
- Determine its effectiveness and implement changes to the program if they are needed.
- Ensure that its disciplinary sanctions are consistently enforced.



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PONCE MEDICAL SCHOOL
PONCE, PR 00731

Entity # 1660379122A1

Ponce School of Medicine	66-037-9122
Institution	IRS Employer Identification Number
Dr. Luis F. Sala, President and Dear	809) 844-3710
Typed Name of Chief Executive Officer	Telephone Number
	9-6-90
Signature of the Chief Executive	Date

Alcohol, Tobacco, Illicit Drug and Violence Policy

ALCOHOL, TOBACCO, ILLICIT DRUG AND VIOLENCE

Ponce Health Sciences University prohibits the abuse of alcohol within the academic community. The possession, distribution or use of illegal drugs is ground for immediate sanction, including dismissal. Smoking is prohibited on school grounds. Violence will not be tolerated within academic community or on the school or affiliated facilities.

The danger of alcohol, drugs and controlled substances in the study place is of great concern to us. Each individual at PHSU receives a manual that explains in detail the institutional policies and the resources available to deal with these problems. The following policy is established by PHSU:

1. It is unlawful for any student in PHSU to engage in any activity that involves illicit use, possession, manufacture or distribution of alcohol, drug, tobacco or controlled substances on the school campus, any location used for academic activities or at any of its organizations or affiliates. Proscribed activities include but are not limited to: use, manufacture, sale, transportation, dispensation, distribution, disbursement, or possession of such substances. This does not apply to medically prescribed drugs, or to the manufacture, handling and distribution of drugs used for IRB approved research.
2. Any student of PHSU found to be engaged in any of the above, activities or in the case of vandalism is subject to dismissal. The student shall have the right to appeal as outlined in the "student promotion, academic probation and dismissal" section of this manual.
3. Whenever a student of PHSU is found to be illicitly using, possessing, manufacturing, or distributing alcohol, drugs or controlled substances on the school or campus or on the grounds of affiliated institutions, or if the student has participated in Institutional activities while under the influence of alcohol, drugs or any controlled substance, the following will occur:
 - a. Should the offender voluntarily recognize that suffer from drug or alcohol addiction and request help, counseling and rehabilitative services might be offered; including referral to public or private psychiatric services as an outpatient or inpatient, at the student's own expense. If within 6 months, a certificate of complete rehabilitation is not presented, the student will be recommended for dismissal.
 - b. The first offense for any drug related activity other than abuse of a substance: the student might be referred for counseling by the corresponding authority and to any other pertinent professional assistance. Sanction including dismissal after due notice and hearing.
 - c. Second offense: the student will be recommended for dismissal from PHSU after due notice and hearing.
 - d. The school procedures do not preclude action by law enforcement authorities for violation of any state or federal laws.
4. In the event of a conviction by a court of law for any violation or related incident, whether the infraction is committed within or outside the school or affiliates grounds, the PHSU student will sanctioned from the school. It is the duty of the student involved to notify the Vice President of Student Affairs of PHSU of any such conviction in writing within 10 days. Failure to do so will lead to immediate sanction, including dismissal.

5. Specific rules have been established to regulate PHSU sponsored activities where alcohol is served, based on applicable laws and regulations.

For details please refer to the *Institutional Public Policy on Establishing an Academic Community Free from Alcohol, Tobacco, use of Illicit Drugs and Violence*.

Prevention Policy & Program

Ponce Health Sciences University is one of the leading educational institutions in Medicine and Health Sciences in Puerto Rico. This represents a genuine commitment to establish an institutional public policy for the academic community free of drugs, alcohol, tobacco and violence. PHSU recognizes that prevention strategies are the first steps to fight against drugs, alcohol and violence. PHSU promotes a prevention program aimed to provide services to students and employees.

Statement

It is PHSU commitment to ensure for everyone an environment free of drugs, alcohol, tobacco and violence through prevention, education and rehabilitation

Title

Alcohol, Drugs Abuse and Violence Prevention Program of PHSU.

The following Prevention Program, is designed to meet various state and federal regulations, including: "Drug Free Workplace Act" (34 CFR 85), the "Drug Free Schools and Campuses Regulations (34 CFR 86) and the Law 40, 1993 the Government of Puerto Rico, known as Law to Regulate the Practice of Smoking in Certain Public and Private Places in PR.

Policy

Possession and/or use of illicit drugs and unauthorized controlled substances are contrary to University policy and in violation of federal and Puerto Rico laws. PHSU prohibits the possession, use, manufacture, distribution and/or sale of illegal drugs and illegal drug paraphernalia. Students at the University using or otherwise involved with drugs in violation of the Student Conduct Code and are subject to University disciplinary action in addition to any action taken by local or federal law enforcement authorities. Questions regarding the Drug Policy should be directed to the Office of the Students Affairs.

Applicable Laws

This program is based on the following Federal and PR Commonweal Laws and/or Regulations:

1. Drug Free Workplace Act of 1988 (Public Law 101-690) adopted on 1988.
2. Drug Free Schools and Communities Act, as emended (Public Law 101-226) adopted on December 12, 1989.
3. Law of Controlled Substances in Puerto Rico, also known as Law No. 4 of June 23, 1971, as amended.
4. Law to Regulate the Practice of Smoking in Certain Public and Private Places, also known as Law N. 40 of August 3, 1993.
5. Regulations Adopted by the United States Department of Education to implement such laws, 34 CFR 85; 34 CFR 86; HEOA section 488 and HEA section 485.

Drug Free Schools and Communities ACT, Amendment of 1989

The Law PL 100-297 signed in 1986, by the President of the United States, established the policy of a "Drug-Free Schools and Communities Act". This policy was amended in 1989 and is still valid in the United States and its territories.

This law establishes that any institution that receives funds from the Department of Education of United States of America, shall comply with the rules of the "Drug Free Act". The Department of Education of the United States has the capacity to monitor, and corroborate the existence of a biennial review of the public policy of "Drug Free Act" and its implementation at the institutional level. Failure to comply with this revision, could result in the loss of funding from the Federal Government and /or claim for repayment of funds previously granted to the Institution.

This Law required that Institutions must disseminate their policies annually to students and employees, along with information on health risks, disciplinary sanctions, and campus-based treatment options. Every two years, Institutions are supposed to evaluate their programs to ensure they're effective and consistent.

Health Risk

The government has classified controlled substances from I to V according to their potential for abuse. In qualifying, the "I" substances appear more potential for abuse and little or no medical value. They are decreasing the risk to the "V" where substances less potential for abuse and accepted medical use with some appearing. Drugs are by definition any chemical substance that alters in any way the functioning of the body, mind and nervous system, behavior and feelings of people. The use of alcohol, tobacco and other drugs can cause dependence, a physical or psychological need to use it. Adding and alcoholism are developing a physical and psychological dependence in which the person loses self-control with the use of the substance.

The Alcohol is a depressant drug that affects the central nervous system and brain function progressively inhibited. In Puerto Rico use by persons 18 years of age is legal. The main component of alcoholic beverages is ethanol or ethyl alcohol, which has a different focus depending on your process. The use of alcohol and / or drugs affects motor coordination, reasoning, vision and the ability to follow an object with his eyes; and this is why it becomes RISKY AND CRIMINAL the act of driving motor vehicles under its state (either use or under intoxication). Is considered legally intoxicated by alcohol to a person whose alcohol concentration in the blood is 0.08. However, I could be mentally and physically prevented from driving motor vehicles at a lower level.

Intoxication is a function of the amount of substance ingested, the time consumed, the alcohol content of the drink, weight and sex of the person (the woman is more sensitive), the mood and the amount of food in the stomach of the individual at the time of consumption.

Intervention Protocol to Rehabilitate Students and Employees

PHSU believe that rehabilitation could be possible, when a proper case management is available. The Office for Students Affairs and its Counseling Services are responsible for handling cases of students or staff, identified or are suspected of having problems related to drugs and alcohol.

Non-confirmed cases could be managed by institutional help services; professional counseling, discipline committee, bulletin board and, e-mails with information related to alcohol and drugs prevention. Confirmed cases, should be address to professional help from private and public agencies.

Treatment Centers

- | | |
|---|----------------|
| 1. ASSMCA – Ponce Detox Center | 787-840-6935 |
| 2. Medicina Conductual – Hospital Damas | 787-842-0045 |
| 3. Programa de Alcoholismo de Ponce | 787-844-4130 |
| 4. Línea a Auxilio y Prevención | 1-800-981-0023 |
| 5. Hogares CREA – Ponce | 787-843-9013 |

Prevention Strategies

Admissions Office	Information related to the Policy is given to the student during admission process. Every student admitted to PHSU, sign the Policy of Alcohol and Drugs Abuse.
Financial Aid Office	During the FAFSA application, if the students respond yes to the question number 23 (related to drug offence); the Federal Government could cancel any grant to the student. The financial Officer should give the proper orientation related to the student eligibility to receive grants in the future.
Catalog and School Policies	The Student Catalog and School Policies include a copy of the PHSU Policy of Alcohol and Drugs Abuse. This Student Catalog is also available at the PHSU Web Page.
Professional Counseling Services	Professional counseling services are available to students and staff. Professional Counselor could refer identified cases to external agencies.
Extracurricular Activities	PHSU promotes extracurricular activities that involve drugs, alcohol, and tobacco use prevention message
Walking Together	“Walking Together” is the institutional program of primary education and information about alcohol, tobacco, drugs, violence and sexual harassment, address to the employee. This Program is managed by the Professional Counseling Office.

Standard of Conduct

1. PHSU total and hereby categorically prohibited the possession, use, manufacture and / or distribution of drugs and alcohol by students, employees and visitors to this Institution.

2. In case of medications use (drugs), it should be prescribed by a doctor for the treatment of a properly documented health condition.
3. Law 40 of August 3, 1993 prohibits smoking in public and private academic institutions at all levels of education. So PHSU not allow smoking in their classrooms or laboratories, halls, game rooms, libraries, hallways, restrooms, elevators, offices, research laboratories (these could even have areas with liquids, vapors or flammable materials), lunch rooms, meeting rooms, parking area or within the premises of the animal house or institution.
4. Nor allow smoking in PHSU sponsored activities.
5. Advertising of alcohol and tobacco products, are prohibited sponsor academic activities.
6. All student organizations recognized by our institution are subject to the above provisions in their official activities, both on and off campus.
7. The visitors, guests or tenants of the PHSU facilities are required to comply with the legislation which it establishes public policy

Sanctions

Student Alert! As set out in section 5310 of the Federal Law on the Use and Abuse of Drugs, 1988, if you are convicted for possession, manufacture or distribution of drugs, your eligibility for financial aid could be (1) suspended temporarily or (2) finished forever. If the student was convicted of drug offense within (not later than) ten (10) days after the conviction, he shall report in writing with your full name and Social Security number to:

Director, Grants and Contract Services
US Department of Education
Washington DC 20202-4571

Student Organizations are required to report within five (5) calendar days of any incident involving the use of alcohol and / or drugs that occurs in any official activity of the organization. Failure to comply with these provisions of public policy may result in sanctions as outlined in the Student Handbook.

Faculty and Administrative Employees under this public policy and in compliance with the law are bound to:

1. Comply with all rules of conduct outlined above.
2. Notify the employer in writing of any criminal conviction under the statutes of controlled substances or alcohol events in the workplace no later than five (5) calendar days after sentencing.
3. PHSU must also take one of the following actions within thirty (30) calendar days after receiving notice of any criminal conviction of an employee.
4. Require the employee to participate satisfactorily in voluntary assistance or rehabilitation program approved for such purposes by a state or federal health agency, the Department of Justice and other appropriate.
5. Proceed with a relevant institutional action, including termination of job.
6. In addition to the aforementioned, every employee is subject to the rules applicable to their classification.
7. In some cases, if the offense is a not a significant one, employee could be referred to counseling services or a rehabilitation program.

A letter on the personnel file is applicable in all cases.

AODV Prevention Activities and Materials

Orientation Periods 2022 / 2023 (Example)

MD 2026 – ORIENTATION PERIOD 2022



Official Agenda

Monday, July 18, 2022 - REGISTRATION DAY

✓	Time	Room	Event	Resource
	8:00 am	202	Students Responsibilities During Orientation Week	Ms. Emsley Vázquez
	8:15 am	202	Group A - Registration (Id, Software) / MSQ / IT Policies / Mutual Of Omaha - Disability Insurance	Registrar Officers
	12:00 pm	<i>Lunch</i>		
	1:00 pm	202	Students Responsibilities During Orientation Week	Ms. Emsley Vázquez
	1:15 pm	202	Group B - Registration (Id, Software) / MSQ / IT Policies / Mutual Of Omaha - Disability Insurance	Registrar Officers Ms. Ivette Tristani
	<i>Collection of white coats for the White Coat Ceremony</i>			

Tuesday, July 19, 2022 - ADMINISTRATION DAY

✓	Time	Room	Event	Resource
	8:00 am	A	Official Welcome from the Chancellor	Dr. José Torres
	8:15 am	A	MD Program Competencies and Educational Objectives / Highlight of Academic Policies	Dr. Georgina Aguirre
	9:00 am	A	Official Welcome from the Dean of Medicine	Dr. Olga Rodríguez
	9:20 am	A	Group A - Educational Technology Resources and Curriculum	Prof. E. Lugo / Mr. Pereles y Mr. Correa / Dr. Carlos Sellas / Dr. Elizabeth Rivera
	9:20 am	SH*	Group B - Library Services	Julio Quiñones / Abraham Vélez
	10:40 am	A	Group B - Educational Technology Resources and Medicine Program Curriculum	Prof. E. Lugo / Mr. Pereles y Mr. Correa / Dr. Carlos Sellas / Dr. Elizabeth Rivera
	10:40 am	SH*	Group A - Library Services	Julio Quiñones / Abraham Vélez
	12:00 pm	<i>Lunch</i>		
	1:30 pm	A	Policies Agreement	Prof. Elisandra Rodríguez
	2:20 pm	A	Introduction to LSP Services	Prof. Agueda Vega / Prof. Sherley Vazquez
	3:15 pm	A	Admission and Marketing Session	Prof. Emsley Vázquez

*SH - STUDY HALL - LIBRARY SECOND FLOOR

Wednesday, July 20, 2022 - PARENT AND FAMILY DAY

✓	Time	Room	Event	Resource
	8:30 am	Zoom Meeting	MD 2026 Parent and Family Orientation https://phsu.zoom.us/j/82337401047?pwd=WHI3Wm11ZEJFOTAvSHFoMG5iUzlxUT09 Meeting ID: 823 3740 1047 Passcode: 971064	Student Affairs Office
	3:00 pm	CENTRO BELLAS ARTES Juana Diaz	MD 2026 White Coat Ceremony - Two (2) guests per students	Student Affairs Office

MD 2026 – ORIENTATION PERIOD 2022



Official Agenda

Thursday, July 21, 2022 • STUDENT AFFAIRS				
✓	Time	Room	Event	Resource
	9:00 am	202	Group 1: Do's & Don'ts / Stud. Orgs. / Succeeding Med School	Counseling Personnel
	9:00 am	SH*	Group 2: Do's & Don'ts / Stud. Orgs. / Succeeding Med School	Counseling Personnel
	12:00 pm		<i>Networking Lunch</i>	
	1:30 pm	A	Introduction to Research	Dr. Kenira Thompson
	2:15 pm	A	Financial Support	Ms. Myrian Gaud
	2:45 pm	A	Diversity	Ms. Waleska Rodriguez
	3:15 pm	A	Safety & Security	General Services Personnel
			Stress Management and Coping Strategies Interpersonal Violence Prevention Life Promotion HIPAA—MS. Anabelle Jorge COVID-19 Awareness—Alex Ruiz	Pre-Recorded—CANVAS Once you make your Registration, access prerecorded activities at https://phsu.instructure.com/courses/4115

*SH - STUDY HALL - LIBRARY SECOND FLOOR

Friday, July 22, 2022 • VECTOR LMS COURSES				
✓	Time	Room	Event	Resource
			Alcohol and Other Drugs Active Shooter Creating a Respectful Campus for LGBTQ+ Diversity Awareness for Students Intimate Partner Violence Sexual Violence Awareness Study Skills Time Management Title IX Rights and Protections Sexual Violence Prevention for Graduate Students	VECTOR LMS—You will receive an email with Vector Solutions in the subject.

Wednesday, July 27 2022 • CPR and LSP				
✓	Time	Room	Event	Resource
	8:00 am	OL*	Group A: Language Support Program - AAPPL Assessment	LSP Team
	8:00 am	A - 202	Group B: CPR	NUC Personnel
	12:00 pm		<i>Break</i>	
	1:00 pm	OL*	Group B: Language Support Program - AAPPL Assessment	LSP Team
	1:00 pm	A - 202	Group A: CPR	NUC Personnel

OL* - AAPPL Assessment is an Online Test with Proctoring

Orientation notes:

- Orientation is mandatory.
- Orientation will be held Monday, July 18th through Wednesday, July 27th.
- Do not purchase any clinical equipment unless indicated.



MD 2027 – ORIENTATION PERIOD 2023



Official Agenda

Monday, July 17, 2023 - REGISTRATION DAY

✓	Time	Room	Event	Resource
	7:00 am	Rotunda	Student Registration	Counseling Team
	8:00 am	202	Students Responsibilities During Orientation Week	VP SMC Emsley Vázquez
	8:15 am	202	Group A - Registration (Id, Software) / MSQ / IT Policies / Mutual Of Omaha - Disability Insurance	Registrar Officers
	12:00 pm	<i>Lunch</i>		
	1:00 pm	202	Students Responsibilities During Orientation Week	VP SMC Emsley Vázquez
	1:15 pm	202	Group B - Registration (Id, Software) / MSQ / IT Policies / Mutual Of Omaha - Disability Insurance	Registrar Officer

Tuesday, July 18, 2023 - ADMINISTRATION DAY

✓	Time	Room	Event	Resource
	8:00 am	A	Welcome from Interim VP for Academic Affairs	Dr. Elizabeth Rivera-Mateo
	8:15 am	A	Official Welcome from the Dean of Medicine	Dr. Olga Rodríguez
	8:35 am	A	MD Program Competencies and Educational Objectives / Highlight of Academic Policies	Dr. Georgina Aguirre
	9:20 am	A	Group A - Educational Technology Resources and Curriculum	ETOL Team
	9:20 am	SH*	Group B - Library Services	Julio Quiñones / Abraham Vélez
	10:40 am	A	Group B - Educational Technology Resources and Medicine Program Curriculum	ETOL Team
	10:40 am	SH*	Group A - Library Services	Julio Quiñones / Abraham Vélez
	12:00 pm	<i>Lunch</i>		
	1:30 pm	A	Policies Agreement	VP SA Elisandra Rodríguez
	2:20 pm	A	Introduction to LSP Services	LSP Team
	3:15 pm	A	Admission and Marketing Session	VP SMC Emsley Vázquez

*SH - STUDY HALL - LIBRARY SECOND FLOOR

Wednesday, July 19, 2023 - MD CAREERS IN MEDICINE

✓	Time	Room	Event	Resource
	9:00 am	A	Careers In Medicine Introductory Workshop	Dr. Orlando Torres Dr. José A. Soto
	12:00 pm	<i>Lunch</i>		
	1:30 pm	A	Group Integration Activities	Counseling Team

MD 2027 – ORIENTATION PERIOD 2023

Official Agenda

Thursday, July 20, 2023 - Parent & Family Orientation / White Coat Ceremony				
✓	Time	Room	Event	Resource
	8:30 am	Zoom Meeting	MD 2027 Parent and Family Orientation Join Zoom Meeting https://phsu.zoom.us/j/82711759852?pwd=Z1hvQjdzZmRVQTVHY2QvNWFGFRjK3Zz09 Meeting ID: 827 1175 9852 Passcode: 687867	Counseling Team
	3:00 pm	CCLS*	MD 2027 White Coat Ceremony - Three (3) guests per students * Centro de Convenciones Luis Wito Santiago en Coamo	Student Affairs Office

Friday, July 21, 2023 - STUDENT AFFAIRS				
✓	Time	Room	Event	Resource
	9:00 am	A	Do's & Don'ts / Stud. Orgs. / Succeeding Med School	Counseling Team
	12:00 pm		<i>Networking Lunch</i>	
	1:30 pm	A	Financial Support	Ms. Janira Narvaez
	2:15 pm	A	Debt Management	Oriental Bank
	3:30 pm	A	Diversity	Ms. Waleska Rodriguez
	4:00 pm	A	Safety & Security	General Services Personnel

Wednesday, July 26 2023 - CPR and LSP				
✓	Time	Room	Event	Resource
	8:00 am	OL*	Group A: Language Support Program - AAPPL Assessment	LSP Team
	8:00 am	A - 202	Group B: CPR	NUC Personnel
	12:00 pm		<i>Break</i>	
	1:00 pm	OL*	Group B: Language Support Program - AAPPL Assessment	LSP Team
	1:00 pm	A - 202	Group A: CPR	NUC Personnel

OL* - AAPPL Assessment is an Online Test with Proctoring



Orientation notes:

- Orientation is mandatory.
- Orientation will be held Monday, July 17th through Wednesday, July 26th.
- Do not purchase any clinical equipment unless indicated.

Heath Fair: Expo-Salud 2022



FUNDACIÓN PEDIÁTRICA DE DIABETES

PHSU
PONCE HEALTH SCIENCES UNIVERSITY
Health. Innovation. For. Quality. Lives.

Fundación Pediátrica de Diabetes y PHSU te invitan a la

2^{da} Expo Salud

Concienciando sobre la Diabetes Tipo 1

Sábado
24 de septiembre
9:00 AM a 3:00 PM

PHSU
Main Campus
384 Luis F. Sala, Industrial Park 2,
Ponce, PR

Fundación Pediátrica de Diabetes y PHSU te invitan a la

2^{da} Expo Salud

Concienciando sobre la Diabetes Tipo 1



Sábado
24 de septiembre
9:00 AM a 3:00 PM

PHSU
Main Campus
384 Luis F. Sala, Industrial Park 2,
Ponce, PR

Charlas

- **9:30 AM** ¿Qué debemos saber cuando se vive con diabetes?
Recurso: Dr. García Mateo, endocrinólogo especializado en diabetes
- **10:30 AM** Contando Carbohidratos y cómo usarlos con las dosis de insulina
Recurso: Nutricionista Lcda. Natalia Delgado
- **1:00 PM** Retos de la Diabetes tipo 1 y cómo enfrentarlos a nivel emocional (para padres).
Recurso: Dra. Aná Cecilia Sala, psicóloga

Actividades

- Donación de Sangre
- Clínica de Salud
- Mesas Informativas
- Bazar
- Actividades para niños
- Evaluación Nutricional
- Pruebas de evaluación de tiroides (TSH) por Abbvie
- Pruebas de hemoglobina glicosilada (HbA1c) por Inno Diagnostic Reference Lab



Expo-Salud 2022, September 24th, 2022

Wellness Activities



Exercise Class Activity, November 6th, 2023.



ExpresArte 2023 Activity, September 13th, 2023

Educational activities



Behavioral Health Symposium, October 14th, 2024.



Suicide Prevention Week Activity, September 15th 2023

2^{DO} ENCUESTO PARA EL CUIDADO DE LA SALUD DEL HOMBRE

MALTA INDIA

MERCK

Centro de visitantes de Cervecera de Puerto Rico

Viernes 25 de agosto 9:00 AM a 3:00 PM

Mayagüez

Regístrese libre de costo, llamando al 939-244-2002

Esperamos participación de hombres y mujeres

PHSU
Ponce Health Sciences University

Mayagüez Medical Center

abbvie

Sociedad Americana Contra el Cáncer

Services Preventivos de Salud de Puerto Rico, Corp.



Mental Health Promotion Activity, August 28th, 2023

Educational Materials

Ser hombre en tiempos de desastres.

Después de un huracán o desastre, muchos hombres se enfrentarán a múltiples crisis: financieras, familiares, de vivienda y de salud. Ante la adversidad, para poder mantener la calma y cuidar de la familia, es importante saber cuidarse física y mentalmente.

Los hombres se suicidan más.

A nivel mundial, los hombres están en mayor riesgo de morir por suicidio. En Puerto Rico, 8 de cada 10 personas que se suicidan son hombres. Esta diferencia en mortalidad por suicidio entre hombres y mujeres es más alta que en los Estados Unidos. En términos de grupo de edad, en Puerto Rico se reportan más suicidios entre los adultos de 40 a 59 años.

El machismo pone en riesgo la salud y la vida.

En general, los hombres tienen una mayor incidencia de problemas de salud graves y, a través de todas las edades, tasas más altas de muerte que las mujeres para todas las principales causas de muerte. El machismo promueve comportamientos de alto riesgo en los hombres.

Los hombres tienen tasas más altas de tabaquismo, abuso de alcohol, comportamiento antisocial, agresión y violencia. Cada uno de estos comportamientos son actores de riesgo de suicidio.

También tienen dificultades en reconocer que necesitan ayuda, combinado con que las personas cercanas a ellos minimizan su malestar o no se atreven acercarse a ofrecer su ayuda. La actitud machista afecta tanto al que sufre como al que pudiera dar apoyo.

Mito:
"Sólo las personas con trastornos mentales se suicidan."

Realidad:
El comportamiento suicida refleja una infelicidad profunda, pero no necesariamente una condición de salud mental. Muchas personas diagnosticadas con trastornos psiquiátricos no se suicidan, y no todas las personas que se quitan la vida tienen un trastorno mental.






PREVENCIÓN DE SUICIDIO EN HOMBRES

Gobierno de Puerto Rico
COMISIÓN PARA LA PREVENCIÓN DEL SUICIDIO
Departamento de Salud

LÍNEAS DE AYUDA 24/7


- 9-1-1
- Línea PAS de ASSMCA:
1-800-981-0023 / 1-888-672-7622 TDD
<https://lineapas.assmca.pr.gov> (Chat)
- Centro de Control de Envenenamiento: 1-800-222-1222
- Red Nacional Prevención Suicidio (TALK): 1-888-628-9454





Comisión para la Prevención del Suicidio

Para más información:
(787) 765-2929 ext. 3603



Life Promotion & Prevention, Shared via e-mail, July 1, 2022

Busca ayuda
si experimentas:

Ansiedad
Tristeza
Insomnio

Pensamientos de muerte o desesperanza
Relaciones conflictivas
No puedes expresar o regular tus emociones

#buscaayuda #autocuidado #bienestaremocional

Life Promotion & Prevention, Shared via e-mail, February 22, 2022

La violencia
se manifiesta de diversas formas

- Violencia doméstica
- Abuso infantil
- Agresión sexual
- Tráfico humano entre otras.

Las agresiones pueden ser físicas como también emocionales, lo cual puede afectar la salud nuestra comunidad para prevenir la violencia y promover la paz y entendimiento en nuestra sociedad

Life Promotion & Prevention, Shared via e-mail, May 5th, 2022



Life Promotion & Prevention, Shared on Facebook, October 11th, 2022



Alcohol Abuse Prevention Promotion – Shared via e-mail: April 16, 2022 by Email

- **FindSupport.gov**
- **FindTreatment.gov**
- **988 Suicide & Crisis Lifeline**
Call or text 988
Chat 988Lifeline.org
LGBTQ+ Youth press 3
- **Alcohol, Tobacco, & Other Drugs:**
samhsa.gov/find-help/atod
- **SAMHSA's National Helpline**
1-800-662-HELP (4357)

SUBSTANCE USE PREVENTION MONTH



Alcohol Abuse Prevention Promotion – Shared via e-mail: May 15, 2023 by Email

RED RIBBON WEEK



Drug-Free America

October 23 to 31

#RedRibbonWeek

Alcohol Abuse Prevention Promotion – Shared via e-mail: October 25th, 2023 by Email

AUTOCUIDADO CHECK-LIST



¿Qué es el autocuidado?

El autocuidado es el conjunto de actividades que las personas realizan de forma cotidiana con la finalidad de mantenerse en buen estado de salud y calidad de vida, tomando en cuenta factores físicos, emocionales y sociales.

Por: Comisión para la Prevención del Suicidio

COMER SALUDABLE

Más vegetales, frutas (frescas o congeladas) y mucha agua.

DESCANSAR

No es recomendable usar el celular una hora después de levantarse en la mañana y una hora antes de acostarse. Debemos dormir lo suficiente para sentirnos recargados.

HACER EJERCICIOS

Al menos 30 minutos de movimiento: caminar, subir escaleras, hacer estiramientos, yoga o baile. Si vas al trabajo o de compras, estacionate lejos de la entrada y caminarás un poco más cada día.

DESCONECTARME DE REDES SOCIALES

Es probable que necesitemos un 'break' de redes sociales y poder desconectarnos de toda la sobrecarga informativa a la que estamos expuestos diariamente. Algunas estrategias para promover menos tiempo en el celular son: apagar las notificaciones, separar tiempos específicos para consumir contenido de redes sociales o noticias y separarse físicamente del teléfono por periodos recurrentes.

MEDITAR

Esto puede ser orar o estar en silencio por 2 a 10 minutos, observando los pensamientos y dejándolos ir sin juzgarlos o aferrarnos a ellos (como observar el paso de las nubes en el cielo).

HACER UNA LISTA DE GRATITUD

Enfócate en las cosas por las que sientas agradecimiento. Este ejercicio puede tomar entre 2 a 10 minutos y podría hacer una gran diferencia en tu estado de ánimo. Si quieres comenzar el día con optimismo, escribe la lista a primera hora de la mañana, o por la noche, antes de acostarte.

APRENDER ALGO NUEVO

El aprendizaje nos proporciona un crecimiento intelectual, cultural y personal. Aprender cosas nuevas nos ayuda a enfrentarnos a todas las diferentes situaciones que nos van surgiendo en nuestra vida.

BUSCAR AYUDA PROFESIONAL

Regálate la oportunidad de ser escuchado/a. En ocasiones es importante hablar con un profesional de la salud mental o buscar ayuda especializada. La Línea PAS de ASSMCA está disponible libre de costo, las 24 horas al día: 1-800-981-0023 / 1-888-672-7622 TDD

Para más información sobre actividades y material educativo de la Comisión para la Prevención del Suicidio, puede escribir a: prevencionsuicidio@salud.pr.gov



Life Promotion & Prevention, Shared by e-mail, January 14th, 2022